

**Electronic meetings, like all Al-Anon meetings, agree to abide by the spirit of the Twelve Traditions. Each Al-Anon member is responsible for keeping the electronic meeting focused on Al-Anon recovery and discussion of Al-Anon related topics. Al-Anon will always be what we- its members make it.**

**Confidentiality of sharings may be more difficult to maintain for some Internet services. If you have a need for anonymity, you may want to discuss it further with your internet service provider.**

**For safety reasons, currently electronic Alateen meetings are not permitted.**

## **ELECTRONIC MEETINGS**

Following are the electronic meetings that are registered at the World Service Office (WSO). The WSO registers meetings at their request, confident that they will abide by Al-Anon Traditions and that their meetings will be open to any Al-Anon member. Registering; however, does not constitute approval of any meeting's manner of practicing the Al-Anon program. For information on how to access the meeting, please get in touch with the electronic meeting contact, Web site URL, or E-mail provided.

**^ = Meetings that have permission from the WSO to quote Conference Approved Literature on-line**

**\*\* = Closed meetings** are for all Al-Anon members; anyone whose personal life is or has been deeply affected by close contact with a problem drinker

**\* = Open meetings** may be attended by anyone interested in Al-Anon

## **ON-LINE MEETINGS**

### **EMAIL MEETINGS**

#### **ENGLISH**

##### **A SERENITY PLACE\*\***

steve@serenitysys.com  
www.serenitysys.com\A\_Serenity\_Place  
WSO ID 0062413

##### **A TOUCH OF SERENITY AFG MEETING**

touchofserenity@hotmail.com  
WSO ID 0065184

##### **AL-ANON 12 STEPS \*\***

alanonstep@groups.aol.com  
WSO ID 00501683

##### **AL-ANON ADULT CHILDREN IN RECOVERY \*\***

al-anonadultchildreninrecovery@groups.msn.com  
http://groups.msn.com/Al-AnonAdultChildreninRecovery  
WSO ID 00500754

##### **ALANONCHATTERS AFG MEETING \*\***

afg-alanonchatters@yahoo.com  
www.groups.yahoo.com/group/afg-alanonchatters  
Wed, 10:00 pm & Fri 7:00 pm Eastern  
WSO ID 00060509

##### **AL-ANON NOW \***

alanonnow@yahoo.com  
http://health.groups.yahoo.com/group/Alanonnow/  
WSO ID 00501206

##### **AWAKENINGS ON-LINE AFG MEETING^ \*\***

AwakeningsTS@yahoo.com  
http://www.ola-is.org/groups/awake  
WSO ID 0061428

##### **CIRCLE OF FRIENDS**

CIRCLEOFFRIENDS@YAHOOGROUPS.COM  
WSO ID 00503888

##### **CYBERSERENITY ^ \*\***

cafg-owner@yahoo.com  
www.ola-is.org/groups/cafg/index.htm  
WSO ID 00060025

##### **EXPERIENCE, STRENGTH AND HOPE ^ \*\***

ESH-Subscribe@yahoo.com  
http://groups.yahoo.com/group/ESH  
WSO ID 00062726

##### **FIFTH TRADITION AFG MEETING \*\***

5thtrad-subscribe@yahoo.com  
http://groups.yahoo.com/group/5thtrad  
WSO ID 00062272

##### **FRIENDS OF LOIS ^ \*\***

CACKYB@HOME.COM  
WSO ID 00062270

##### **HOPE FOR TODAY MEETING \*\***

HopeForTodayGroup@yahoo.com  
http://groups.yahoo.com/group/hopefortodaygroup  
WSO ID 00500873

##### **KEEP IT SIMPLE ^ \*\***

keep\_it\_simple@yahoo.com  
http://health.dir.groups.yahoo.com/group/keep\_it\_simple  
WSO ID 00503290

##### **KEY TO HARMONY ^ \*\***

WWW.KEYTOHARMONY.ORG  
WSO ID 00062160

##### **MEN'S ONE DAY AT A TIME AFG MEETING^ \*\***

modat-owner@yahoo.com  
WSO ID 00060103

## EMAIL MEETINGS (continued)

### **NEW BEGINNINGS AFG MEETING\*\***

shelnick@comcast.net, SUBJECT: Subscribe to New Beginnings  
WSO ID 00063464

### **ONE DAY AT A TIME AFG MEETING \***

onedayatatimeinalanon@groups.msn.com  
<http://groups.msn.com/onedayatatimeinalanon>  
WSO ID 00501948

### **SHARE (SHARING HOPE AND RECOVERY IN E-MAIL\*\***

s-h-a-r-e@yahoo.com  
WSO ID 00062448

### **STEPS2RECOVERY**

Steps2Recovry@yahoo.com  
<http://health.groups.yahoo.com/group/Steps2Recovery>  
WSO ID 30502022

### **TRANQUILITY AFG MEETING \*\***

[tranquilityAFG-subscribe@yahoogroups.com](mailto:tranquilityAFG-subscribe@yahoogroups.com)  
WSO ID 00060092

### **TRANQUILITY STEP MEETING ^ \*\***

[tstep-subscribe@yahoogroups.com](mailto:tstep-subscribe@yahoogroups.com)  
WSO ID 00066224

## FRENCH

### **CLARTÉ MEETING \*\***

clarte@yahoo.fr  
<http://fr.groups.yahoo.com/group/clarte/>  
WSO ID 30501646

### **COURAGE GFA MEETING^ \*\***

COURAGE-GFA-  
[SUBSCRIBE@YAHOOGROUPS.COM](mailto:SUBSCRIBE@YAHOOGROUPS.COM)  
WSO ID 00063940

### **ESPOIR-AEA-GFA \*\***

Espoir-AEA-gfa@yahoo.fr  
[Espoir-AEA-gfa-subscribe@yahoo.fr](mailto:Espoir-AEA-gfa-subscribe@yahoo.fr)  
WSO ID 0504108

### **AL-ANON FAMILY ONLINE \*\***

trisheen@aol.com, Life-Alanon1 AFO  
<http://hometown.aol.com/afoalanongroup/myhomepage/profile.html>  
WSO ID 00060211

### **BUT ONE PURPOSE ONLINE MEETING**

info@but1purpose.org  
<http://www.but1purpose.org>  
WSO ID 00503788

## ENGLISH

### **HILLTOPPERS AFG MEETING \* \*\***

wbmast@webpointmorpheus.com  
[www.hilltoppers-afg.org](http://www.hilltoppers-afg.org)  
WSO ID 00501017

## SPANISH

### **CYBERSERENITY-S ^ \*\***

[Cafg2-subscribe@yahoogroups.com](mailto:Cafg2-subscribe@yahoogroups.com)  
WSO ID 00062550

## PORTUGUESE

### **AL-ANONPORT ^ \***

[Alanonport-owner@yahoogroups.com](mailto:Alanonport-owner@yahoogroups.com)  
WSO ID 00064404

## GERMAN

### **ELTERN VON ALKOHOLIKERN**

[eva@al-anon.de](mailto:eva@al-anon.de)  
WSO ID 00503476

### **ERFAHRUNG KRAFT UND HOFFNUNG \*\***

[Owner-EKH@online.al-anon.de](mailto:Owner-EKH@online.al-anon.de)  
WSO ID 00500548

### **FAMILY & FRIENDS**

[Owner-ff@al-anon.de](mailto:Owner-ff@al-anon.de)  
WSO ID 00064174

### **OUT OF CHAOS – Adult Children ^ \*\***

[Owner-ooc@al-anon.de](mailto:Owner-ooc@al-anon.de)  
WSO ID 0064795

## ESTONIAN

### **AL-ANON EESTI \***

[Alanon\\_eesti@yahoo.com](mailto:Alanon_eesti@yahoo.com)  
[http://health.groups.yahoo.com/group/Alanon\\_Eesti/](http://health.groups.yahoo.com/group/Alanon_Eesti/)  
WSO ID 00500848

## JAPANESE

### **KIBO NO MORI \*\***

[Kibomori0owner@yahoogroups.jp](mailto:Kibomori0owner@yahoogroups.jp)  
[www.kibomori.org](http://www.kibomori.org)  
WSO ID 00065962

## CHAT MEETINGS

### **CHICAGO AL-ANON \***

<http://clubs.yahoo.com/clubs/chicagoalanon>  
Mon 10:00 pm; Thurs 10:00 pm Eastern  
WSO ID 00064566

### **CTC-ODAAT CHAT \***

[CTC-ODAAT@groups.msn.com](mailto:CTC-ODAAT@groups.msn.com)  
<http://groups.msn.com/CTC-ODAAT>  
WSO ID 00501948

## BULLETIN BOARD MEETINGS

## ITALIAN

### **LONTANI E VICINI \*\***

[online@al-anon.it](mailto:online@al-anon.it)  
[www.al-anon.it/online](http://www.al-anon.it/online)  
WSO ID 00502794

## TELEPHONE MEETINGS

### ENGLISH

#### **ARISE & SHINE STEP MEETING \***

SUNDAY, 8:00 AM EASTERN  
(712) 432-2222  
ACCESS CODE 52639#  
WSO ID 00504113

#### **PATHS TO RECOVERY AFG MEETING \*\***

SUNDAY, 11:00 AM EASTERN  
(712) 432-2222  
ACCESS CODE 52639#  
WSO ID 00503911

#### **TOPICS FOR RECOVERY MEETING \*\***

MONDAY, 12:00 NOON EASTERN  
(712) 432-2222  
ACCESS CODE 52639#  
WSO ID 00504067

#### **AFG 12 & 12 MEETING \*\***

TUESDAY, 12:00 NOON EASTERN  
(712) 432-2222  
ACCESS CODE 52639#  
WSO ID 00503921

#### **FROM SURVIVAL TO RECOVERY MEETING \*\***

WEDNESDAY, 12:00 NOON EASTERN  
(712) 432-2222  
ACCESS CODE 52639#  
WSO ID 00503912

#### **SERENITY SPOKEN HERE MEETING \*\***

THURSDAY, 12:00 NOON EASTERN  
(712) 432-2222  
ACCESS CODE 52639#  
WSO ID 00503890

#### **AFG SPEAKER MEETING \*\***

FRIDAY, 12:00 NOON EASTERN  
(712) 432-2222  
ACCESS CODE 52639#  
WSO ID 30501642

#### **HOW AL-ANON WORKS MEETING \***

FRIDAY, 8:00 PM EASTERN  
(712) 432-2222  
ACCESS CODE 52639#  
WSO ID 00504111

#### **SATURDAY SUNRISE ACCEPTANCE MEETING \***

SATURDAY, 8:00 AM EASTERN  
(712) 432-2222  
ACCESS CODE 52639#  
WSO ID 00504112

#### **HOPE FOR TODAY MEETING \*\***

SATURDAY, 12:00 NOON EASTERN  
(712) 432-2222  
ACCESS CODE 52639#  
WSO ID 00503908