



## WSO comes to you

The Regional Service Seminar takes the World Service Office (WSO) out of Virginia Beach and brings it to the regions in the United States and Canada. Most members do not get the opportunity to visit the WSO, meet the staff, and hear about the work being done. Even if you do visit, the picture of WSO is incomplete without meeting the Board of Trustees. These Al-Anon volunteers travel to the WSO four times a year for their meeting, but keep in touch with the office by phone, fax and e-mail year round. Our elected Trustees make the decisions on how your contributions are spent and they guard with special care the Traditions that insure the unity of Al-Anon.

The RSS is the perfect place to:

- find enthusiasm for service,
- have at least one member of each Al-Anon and Alateen group make personal contact with staff and trustees.

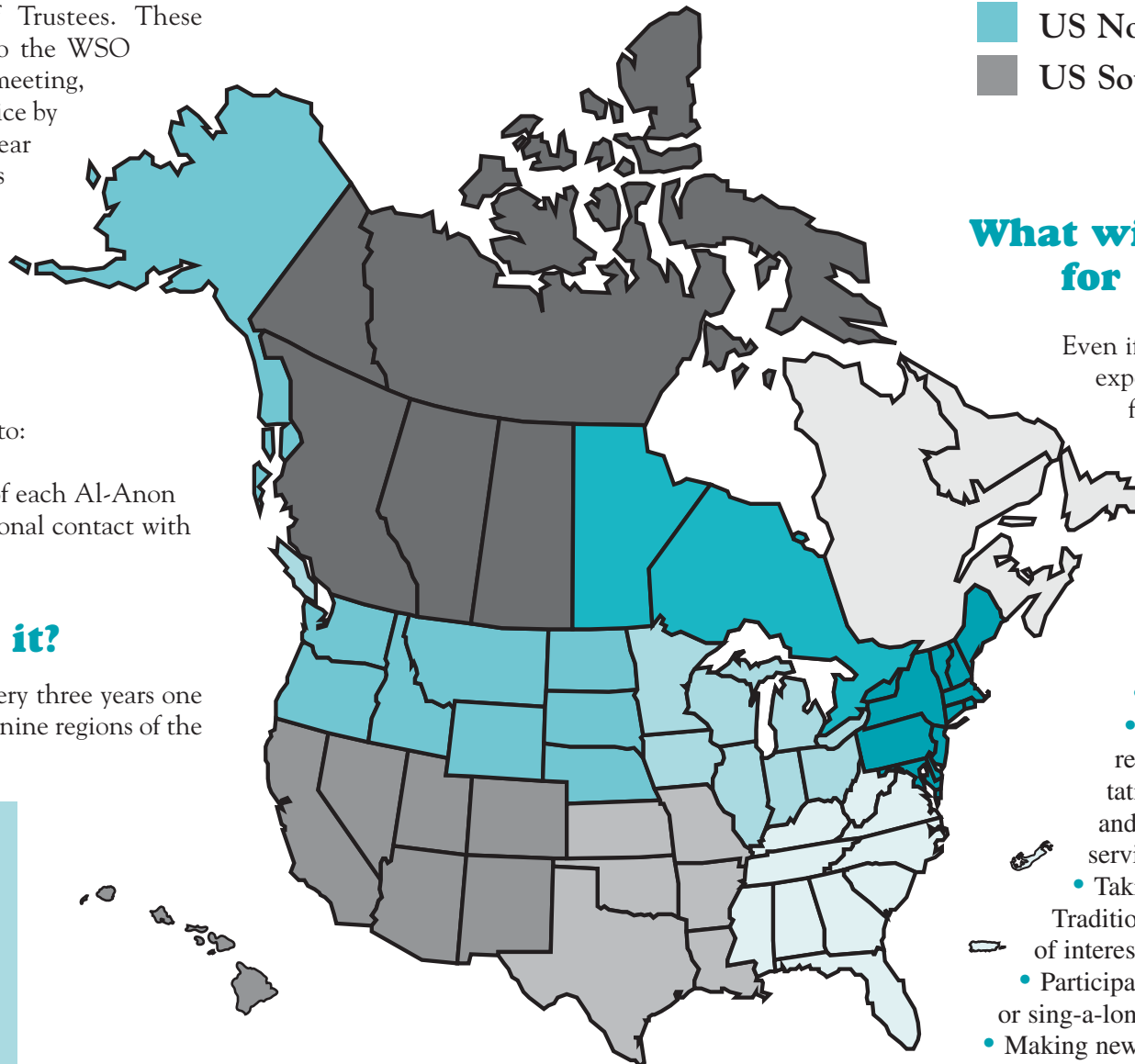
## Where is it?

The RSS rotates so that every three years one seminar is held in each of the nine regions of the US and Canada.

No matter where an Al-Anon or Alateen group is located, or how large or small, the WSO links them together into a worldwide picture. At an RSS you see how this is done.

## Regions:

- Canada East
- Canada Central
- Canada West
- US Northeast
- US Southeast
- US North Central
- US South Central
- US Northwest
- US Southwest



## What will you be doing for the weekend?

Even if this is your first RSS you'll experience educational and fun filled activities including:

- Sharing with the volunteer members of the Board of Trustees and the World Service Office staff who serve Al-Anon as a whole.
- Hearing the personal stories of the World Service Office staff and trustees.
- Rapping on service topics.
- Attending panels by group representatives, district representatives, delegates, coordinators and other members sharing their service experiences.
- Taking part in workshops on Traditions, Concepts and other topics of interest.
- Participating in open discussions, skits or sing-a-longs.
- Making new friends.
- Eating together just for the fun of it!