

Saskatchewan Al-Anon Event – Open to All in 12 Step Recovery

22nd JOURNEY TO SERENITY

2019: OPENING OUR HEARTS

OCTOBER 18 & 19, 2019

TRAVELODGE HOTEL – SASKATOON, SK

FRIDAY, OCTOBER 18, 2019

- 6:00 Registration & Fellowship
- 7:00 Welcome
- 7:15 Kick-off Speaker
Desirée A., Winnipeg, MB
- 8:15 Break
- 8:30 Workshop:
Moving → Through the Pain
- 9:30 4x10 Minute Speakers

SATURDAY, OCTOBER 19, 2019

- 9:00 Registration & Fellowship
- 9:15 Welcome
- 9:30 Speaker Panel: *Sponsorship (Finding, Being, Benefits)*
- 10:30 Break
- 10:45 Workshop:
Name, Claim and Tame Your Feelings
- 11:45 Lunch Break
- 1:15 AA Speaker: *Dawn D., Saskatoon, SK*
- 2:30 Workshop:
Me, You and We...Communicating
- 3:30 Break
- 3:45 Workshop: *Give Yourself a Break... Forgiveness & Compassion*
- 4:45 Break
- 6:00 Doors Open
- 6:15 Banquet
- 7:15 Keynote Speaker: *Erik F., Los Angeles, CA*
- 8:15 Closing Remarks
- 8:30 Open Meeting - *Gratitude*

REGISTRATION FEES:

	Without Banquet	With Banquet
Full Registration	\$35	\$70
Alateen	FREE	\$35
Friday Evening Only	\$15	---
Saturday Only	\$25	\$60

Full Registration (Including Banquet) Deadline: Friday, October 4, 2019

Payment available by cheque or e-transfer

REGISTRATION:

Online Registration: www.journey2serenity.net
or contact Deb 306-227-6963
or registration@journey2serenity.net

GENERAL INFORMATION:

Gord 306-230-1289 or Sharon 306-291-3061
Email: info@journey2serenity.net

**REGISTER EARLY!
ONLY 100 FULL REGISTRATIONS AVAILABLE**

*Hosted by Saskatchewan Al-Anon
Adult Children Groups*



Schedule is tentative and subject to change – August 26, 2019