

Do you still have a fear of making mistakes? a fear of failure? Are you looking for ways to gain self-esteem, courage, and a balanced perspective? You just might find your solution here! Come join us for a new experience in Al-Anon recovery!



**TURBO**  
*Charge*  
**YOUR RECOVERY**

ARIZONA  
AL-ANON  
FAMILY  
GROUPS

Questions?  
workshop@al-anon-az.org  
More Info:  
<http://al-anon-az.org/turbocharge>

**OCTOBER 2020 -  
SEPTEMBER 2021**

First Thurs @ 7PM MT  
Third Sat @ 10AM MT  
Arizona does NOT participate in Daylight Savings time

ZOOM ID: 188 303 692  
Password: 162209

The poster features a white and red sports car (a Porsche Carrera GT) driving on a track, with a blurred background suggesting speed. The text is overlaid on a teal background with black splatters.

## SCHEDULE:

- |               |   |
|---------------|---|
| October 2020  | Let It Begin With Me: A Lesson in Courage           |
| November 2020 | Celebration of Success: Fear of Making a Commitment |
| December 2020 | A New Perspective in Reaching Out: Together We Can! |

The workshop will be using the book “When I Got Busy, I Got Better” (P-78) to show how participation is an amazing recovery tool that will take your recovery to the next level.